

The Gluten Free Homestead

Quick & Delicious Gluten Free Recipes The Whole Family Can Enjoy!



Weekly Gluten Free Breakfast Plan

Sunday: Gluten free cereal with milk, an apple, orange juice and coffee or tea

Monday: Frittata ½ ham ½ broccoli, melon, orange juice and coffee or tea

Recipe link: <http://wp.me/p3vd95-cQ>

Tuesday: Pigs-in-a-blanket, berries, orange juice and coffee or tea

Recipe link: <http://wp.me/p3vd95-gT>

Wednesday: Scrambled eggs, grilled corn muffin, berries, orange juice and coffee or tea

Recipe link: <http://wp.me/p3vd95-if>

Thursday: French toast, no nitrate bacon, an apple, orange juice and coffee or tea

Recipe link: <http://wp.me/p3vd95-e>

Friday: Clafoutis (with cherries, pears, or peaches) sausages, orange juice, and coffee or tea

Recipe link: <http://wp.me/p3vd95-Hu>

Saturday: Frittata with peppers, onions & ham, gluten free bagel, melon, orange juice and coffee or tea

Recipe link: <http://wp.me/p3vd95-cQ>